



^{10th} Annual WOMEN'S CAREGIVER RETREAT

Friday, May 16, 2014

*Join us for a day of dynamic
speakers featuring:*

Gloria A Bachmann, M.D.

*Interim Chair, Department of Obstetrics,
Gynecology & Reproductive Sciences*

Associate Dean for Women's Health

Director, Women's Health Institute

Rutgers Robert Wood Johnson Medical School

8:30 a.m. - 3:00 p.m.
Robert Wood Johnson
Fitness & Wellness Center
Mercerville, NJ

- Health screenings
- Exhibitors
- Relaxation techniques
- Healthy lunch
- Cooking demo
- Yoga, zumba
and much more!

Presented by:

Family Support Center of NJ

NJ Department of Health

American Heart Association | American Stroke Association

Celebrating
National
Women's Health Week

For more
information,
please call
732-528-8080
or visit
www.fscnj.org/retreat
Registration
opens April 1st.
Seating is limited.

